



School-Based Health Center Health Note

Immunization "Extra Credit"



Immunizations (vaccinations), are medications that protect your children from certain diseases. Starting at birth and throughout adolescence, there are numerous immunizations that your health care provider will recommend for your child based on a vaccination schedule set forth by the Centers for Disease Control (CDC).

Omaha Public Schools **REQUIRES** that your student be vaccinated against certain diseases, such as varicella (chickenpox) and pertussis (whooping cough). This protects your child and his or her peers. Here is the scoop on **HIGHLY RECOMMENDED** vaccinations for school-aged children:

Hepatitis A

- A virus, spread through contaminated food and water, that attacks the liver
- Causes severe illness, jaundice (yellow skin & eyes), and sometimes death
- Hepatitis A vaccine should be given to all children over age 1

Meningococcal

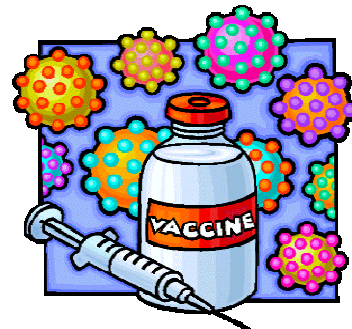
- A serious bacterial illness, that causes meningitis (infection of the tissue that surrounds the brain and spinal cord) and blood infection
- Can lead to death or long-term effects such as seizures, deafness, or mental retardation
- Meningococcal vaccine is recommended for ALL adolescents, 11-18 years old

HPV

- The most common sexually transmitted virus in the U.S.
- Can cause cervical cancer in females, anal and throat cancer in men and women
- HPV vaccine is recommended for young people ages 9-26, given as a THREE shot series

Influenza

- Virus can cause fever, chills, cough, headache, fatigue, muscle aches, runny or stuffy nose, and sore throat
- Influenza vaccine is given ANNUALLY (typically in the fall); the "recipe" is altered each year to protect against the most current strains of influenza
- The vaccine is recommended for everyone 6 months and older



The School Based Health Centers are stocked with these vaccines (and many others!). Give us a call today!

Indian Hill Elementary
3121 U Street
402-933-4968

Spring Lake Magnet Elementary
4215 S. 20th Street
402-932-7014

Liberty Elementary
2021 St. Mary's Ave.
402-505-8180



King Science Magnet
3720 Florence Blvd.
402-502-5644

Belvedere Elementary
3775 Curtis Ave.
402-932-1232

Northwest High School
8204 Crown Point Ave.
402-916-5964

Kellom Elementary
1311 N. 24th Street
402-505-5451

We look forward to seeing your family!

Nikki Regan, APRN
SBHC
Charles Drew Health Center